

# Kauai KEIKI Lifeguard Program 2013

This FREE program is open to Kaua'i Youth ages 8-12, the Kaua'i Keiki Junior Lifeguard Program teaches Ocean Safety and valuable lifesaving skills. The week-long program runs Monday thru Friday from 10 a.m. - 2 p.m. at different beach locations and is taught by Kaua'i's finest Ocean Safety instructors.

**\*You must be able to swim and run 50 yards non-stop with no assistance as well as give 100% at all times!**

**\*Pick up registration forms at ALL lifeguard towers!**

**\*Bring your own lunch, drinks, towel, sun screen and good attitude each day.**

**HANDS ON LEARNING**  
**DRUG AWARENESS**  
**RESCUE SKILLS ★ CPR ★ FIRST**  
**AID ★ TEAM WORK ★ PROBLEM**  
**SOLVING**  
**BEACH/OCEAN AWARENESS**



**Ready for a challenge? Sign up today! Space is limited. Call the Kaua'i Ocean Safety Bureau at 241-4984 or 241-4168**

★ If you need an auxiliary aid, materials in an alternate format or additional support in order to be able to participate please call Kalani Vierra at 241-4984 (voice) or email [oceansafety@kauai.gov](mailto:oceansafety@kauai.gov) (text) five days before an event.



**FREE!**

## Keiki 2013 Schedule

Salt Pond..... June 3-7  
Hanalei..... July 8-12  
**Kalapaki..... July 15-19**

## **KAUA'I CHAMPIONSHIPS**

**JULY 20<sup>TH</sup>**  
**KALAPAKI BAY**



Sponsored in part by the County of Kaua'i, the Kaua'i Lifeguard Association, the Hawaiian Lifeguard Association and many generous sponsors that care about Kaua'i's youth.

